WHAT TO PACK AWAY IN YOUR CAR BUG OUT BAG EMERGENCY KIT BEFORE A DISASTER OCCURS
A car bug out bag is just like any other regular bug out bag or prepper bag. The only difference is that this one should be kept in your car or vehicle and have a few additional items, such as supplies that will help you deal with car troubles.

A car emergency can leave you stranded in a deserted place or ditch where no other motorists can see or help you, and this kit is your answer to avoiding such a situation.

Another reason to prepare a vehicle bug out bag (BOB) is to have a spare survival kit at the ready if the one you have in your home becomes out of your reach when disaster hits. For example, if your home catches on fire and you are unable to grab your BOB because the fire got to it first, you can still feel hope knowing that a spare kit is available in your car.

You may also need such a kit if the disaster happens while you are at work. If going home to grab your urban survival kit is no longer an option, there is no need to worry because there is another BOB in the trunk of your car and it contains all the essential items necessary for your survival in the next couple of days.

Before we continue our discussion on car bug out bags, I am furnishing a chart of Amazon rated kits you might consider for your review. This will easily save you time and money getting started in your car prepping plans.
Top Auto Bug Out Bag Survival Kits

My Rating: ⭐⭐⭐⭐⭐

Has a contingency for nearly anything. Truly a fantastic all around, must have Bug Out Bag Auto Kit.

Highlights

- Enough Supplies for to Feed 4 People for One Day. (One person for 4 days.)
- Contains Food, Light, Water, Communications, Tools, First Aid, Shelter, and Warmth Items.
- All Contained in a Durable Red Duffle Bag, with Wheels for easy transport.

Recommended by Survival Preppers USA, and Prepper stores everywhere.
Urban Road Warrior Kit

My Rating: ★★★

A great bag that is well rounded in items, assuring that there won't be many situations that can’t be solved with this kit.

**Highlights**

- Contains Jumper Cables, Tow Rope, A First Aid Kit, and a Tire repair kit.
- Includes a Roadside Reflective Triangle Distress Banner.
- Hold Various Practical Use Items, Such as; Gloves, Duct Tape, Wet Naps, a Swish Army Knife, and a whistle.

Great reviews, praising how practical the items are for everyday carry and use.
152pc Vehicle Survival Kit

My Rating: ★★★★★

Auto Club Hero’s provides an emergency kit of the highest quality with auto repair items and survival gear combined.

Highlights

● 4 Food and 4 Water Packets With a 5 Year Shelf Life
● Prepper Gear, Tools and Survival Guide Included
● Good Auto Kit to Use for a Roadside Emergency

This premium emergency kit sold exclusively on Amazon with FREE shipping.
Car Bug Out Bag (4 Person)

My Rating: ★★★

Earthquake Store is a global leader in the distribution of emergency preparedness gear with an emphasis on earthquake survival.

Highlights

- High Quality, Dependable and Sturdy Bug Out Bag to Hold Supplies
- Strong Emphasis on Emergency Preparedness Survival Items
- 5 Year Shelf Life for Food & Water Packets

Earthquake Store survival gear has been featured in well known publications such as The New York Times

A car survival bag can be a part of a bigger picture, especially if your original plan is to make your vehicle your bug out place if an emergency should occur. If, for example, your city gets flooded and you are forced to temporarily relocate to the next town or to a more elevated area, you can always take shelter in your car. If that happens, the survival kit you have stocked in your car will be right there to provide you with the necessities you need to survive.
How to Build the Perfect Bug Out Bag for Your Vehicle

As previously mentioned, this type of survival bag contains the basic essentials such as water, food, extra pieces of clothing, a first aid kit, hygiene products, a flashlight, a blanket or sleeping bag, knife, tools, something to defend yourself with, a lighter or a matchbox, and a few other essentials.

The advantage of having a car bug out bag is that it can be much bigger and heavier than your usual bug out bag. Chances are they you will not have to carry it around with you, so you can add more items to make your car survival kit perfect.

Below, I provide you the Best Bug Out Bag Vehicle Guide. It offers you expert suggested survival items and emergency gear you need to consider especially if you plan to supplement your pre-made Car Bug Out Bag.
After reviewing the list above, there are some more detailed ideas I hope can further assist you in being more effective in your emergency preparation goals.
Survival Clothing

Hats – Put a baseball cap and a winter cap in your bag. You will need the former for sunny days and the latter for traveling through cold weather. It is possible that you will leave home expecting fine weather ahead of you but discover the opposite.

It would be good to know that you have the right hat stashed in your trunk.

Raincoat – If it rains and you need to change a flat tire, you will be glad to have a raincoat or a waterproof poncho in your bug out bag. If you don’t have one, even a large garbage bag can do the trick.
Car Emergency Items

Jumper Cables – Sometimes no matter how regularly you keep your vehicle maintained, your battery can give up on you out of the blue and leave you stranded on the side of the road or in a parking lot.

Fortunately, that can easily be remedied with the help of another vehicle’s battery. All you need are some jumper cables to connect your batteries together.

Car Tools – These will include a jack, tire inflator, adjustable wrench, pliers, screwdrivers, and even some spare car parts and supplies, like fuses, oil, antifreeze, water, and wipers.

These are supplies and tools that any responsible driver should always have in their car. Unfortunately, many do not and so they end up asking other motorists for help.

But what will you do if are stranded on an isolated road? Self-sufficiency is key! So, so make sure you have all of these tools available.

Fire Extinguisher – You must have heard stories about vehicles catching on fire while on and off road. Even the thought is frightening.
The real situation, however, is much scarier. Hence, having a fire extinguisher is a crucial necessity, both for you and the other car owners who failed to acquire a fire extinguisher for themselves.

Early Warning Device and Flares – An immobile vehicle on the middle of a highway poses a big hazard to all.

After all, the other vehicles are driving at full speed and may not have the time to react and avoid a collision.

This is why if you experience any car trouble, your first course of action should be to move the car to the side of the road and place early warning signs several meters behind the vehicle to inform other motorists of your presence.

In case car trouble occurs at night, lighting up some flares will make you visible to the other drivers and thus protect all of you.
Survival Location Tools

A Road Map or GPS – there are many people who are very bad with directions and many others who become easily disoriented in an unfamiliar place.

Having a map, or better yet a GPS device, will help you find your way to the nearest gas station, hospital, police station, or simply any place where you can get help.

Basically, a car bug out bag is a combination of your regular survival kit and you vehicle’s emergency kit.

When disaster hits and you have no choice but to take refuge in your vehicle for a while, you will be very glad to have all of these supplies.

You can relax knowing that they will effectively meet your immediate needs.
Surviving in Your Bug Out Car During A Winter Snow Storm

Those who live in these United States know it is almost impossible to not experience some level of snowfall.

In fact according to statistics, on the average Florida and Hawaii are the only two states that are spared the ice and snowy conditions the rest of us poor folks get mostly during the late fall and winter months.

It is likely that you will shovel snow and scrap ice off the windshield to get your car out of your driveway or parking lot.

I should know, I lived in Chicago for over 40 years! Winter snowstorms were a regular occurrence. There were times that the snow fall and the windy conditions got so bad during my commute home, I silently prayed that I would get home safely.

However, as we mature, one begins to realize the dangers that could quickly materialize from any weather related event. And even though we have better and more advanced weather predicting technology, weather conditions can still quickly change from bad to worse with little warning at a moments notice. It is therefore important to become better prepared to face these challenges with readiness and preparedness.
If you are like me, you have already purchased gear and emergency bug out bag car kit to use just in case you and your family unfortunately get stranded in your car during a snowstorm.

Though you are prepared with the gear, there are some tips and strategies from expert sources I have gathered and compiled to present here that I think can help you just in case.

Tips and Strategies from Survival Experts

● Unless your car is on fire, do not abandon it during a snowstorm
  (Your car acts as shelter that will provide you some form of cover from the winds, cold and elements)
● Turn on a map/interior light inside your car
  (It gives emergency patrols an indication someone is inside your car)
● Wrap a colorful strip or plastic bag around radio antenna/carrier rack
  (Signals to rescuer the car is occupied)
● For every hour in the car, turn on the heat at 10 minute intervals
  (You will need to conserve your fuel but still provide a level of warmth for your family)
● Continuously move and stretch out your body parts/extremities
  (prevent blood circulation issues especially for the elderly)
● While the heat is on, crack your window(s) slightly
  (Just in case there is carbon monoxide leaking into your car)
● Check to make sure your tailpipe is clear of snow or debris
  (to prevent carbon monoxide poisoning from occurring)
● Remove excess snow from windows as needed
  (provides a clear view for emergency response teams)
● Carry wool blankets or emergency mylar thermal blankets
  (Avoid cotton fabric it retains water. Thermal blankets are compact, inexpensive and come in packs of 10)
● Have grocery plastic bags/freezer bags on hand
  (can be used to place feet inside bag to conserve heat and to collect snow to melt into water)
• Stay hydrated
  - (Carry extra bottles of water or Gatorade preferably in a Styrofoam cooler. NO ALCOHOL)
• Carry a life straw purifier
  - (helps to purify collected water in your plastic baggie)
• Keep a charged cell phone to contact emergency services
  - (even an old cell phone without phone service will call out to 911)

• Always have one passenger awake at all times
  - (keep alert of emergency vehicles passing by and to for safety)
• Keep calm and maintain a positive attitude
  - (In any emergency situation, the ability to keep your mind clear and sharp can make all the difference)

Hopefully, you will never have to be faced with this type of emergency situation. However if you do, with your emergency bug out bag, extra gear and the expert strategies mentioned above, you will be ready and prepared.

**Types of Bug Out Cars to Consider Before Buying**

![Types of Bug Out Cars](image_url)

All cars are not created equal. Although they all are made to get us from point A to point B, the available options are almost endless.
Typically your car purchase was based on your immediate needs, taste and affordability. Now however, your mature and prepper mindset is aware the utility of the vehicle outweigh the symbol of status and pride our car represent for us.

Don’t get me wrong, the bug out automobile we buy in the future can still have these important elements, but the car’s ability to effectively function during a disaster while providing a level of comfort and safety becomes the overriding factors in choosing the right car for you.

For those who just so happen to be in the market to buy a new car will hopefully take the following expert researched information into consideration when making a selection. Those who are limited by disposable income but desire to have a bug out car, need not worry. Old model cars not only serve as a dependable and useful get out of dodge vehicles but can be had for an affordable price.

**Recommended Bug Out Vehicles as Suggested by James Wesley Rawles**

There are those in the prepper world who think it prudent to be prepared for a multitude of possible collapse events.

James Wesley Rawles, a pioneer in the survival prepper community, suggests one needs to consider the car you purchase to be useful for both before and after, “The End of The World as We Know It” (TEOTWAWKI).
He advocates obtaining a variety of newer and older model (pre-1975) car/truck types. It allows you to have fuel options in case gasoline is hard or impossible to get.

Furthermore, he suggests to get an older model car that would be resistant to a possible Electro-Magnetic Pulse (EMP) attack. Sounds a bit woo woo but a recent report suggests this it is not just possible but probable.

Nevertheless. I present the following vehicle types per J.W. Rawles;

**Car Examples:**

- **Fuel Efficient Runabout**
  - *(Geo Metro/Toyota Corolla/Subaru)*
  - *(No Hybrid)*
- **Old Station Wagon**
  - *(1970 Buick Estate with a V8 engine and large engine block)*
  - *(Provide lots of cargo room and collision protection)*
- **Propane Powered Pickup**
  - *(Often found at car/truck auction)*
- **E85 Vehicles**
  - *(Fuel tanks designed to handle both alcohol and gasoline)*
  - *(Preferably a preowned with between 25k-35K miles to save on cost)*
- **Diesel Vehicles**
  - *(Purchase a car and truck/tractor recommended)*
  - *(Pre-1986 Mercedes 300D series station wagon)*

As the above examples illustrate, Capt. Rawles stresses the importance of multi-fuel automobiles just in case there is a disruption to energy resources. Therefore, you and your family will still have the ability to be mobile in the event you are forced to evacuate, flee or escape even when limited sources of fuel are available.
Another perspective is presented by Creek Stewart. This self made prepper is well known as the host of the popular cable show, "Fat Guys in the Woods."

He has written extensively on Bug Out Vehicles (BOVs). His emphasis lies on determining the level of ability of different car classes to effectively serve as a BOV.

Further, Creek defines a Bug Out Vehicle as a mode of transportation specifically and thoughtfully chosen based on budget, environment, and personal survival needs to transport you, your loved ones and any necessary equipment and supplies to a predetermined destination; a Bug Out Location (BOL).
The following car types illustrate these points;

Car Examples:

- **Passenger Cars (Toyota Prius, Mini Coopers, Mustangs, etc…)**
  - **Advantages:**
  - (Ability to blend in and not stand out in the Crowd)
  - (Relatively good miles per gallon performance)
  - (Easy to find replacement parts)
  - **Disadvantages:**
  - (Not good off road)
  - (Limited storage space)
  - Suggestion: All wheel drive better than two wheel drive
- **Pickup Trucks (Extended Cabs, Quad Cabs, etc…)**
  - **Advantages:**
  - (Large storage and hauling capacity)
  - (Exceptional for off-road use due 4X4 option)
  - (Very powerful engines)
  - **Disadvantages:**
  - (Quick access to gear in the cab limited)
  - (Items in cab exposed to the elements)
  - (Security issues to supplies stored in cab)
- **Sports Utility Vehicles & Jeeps**
  - **Advantages:**
  - (Ample interior storage space)
  - (Spacious roof space ideal for packing overhead)
  - (Popularity of car class makes for greater discreetness)
  - (Great off road capability for 4×4 models)
  - **Disadvantages:**
  - (Most likely to roll over in collision situation)
  - (Poor fuel efficiency)
- **Cargo Vans & Minivans**
  - **Advantages:**
- (Interior space perfect for family and storage)
- (Can be converted into a makeshift RV)
- (Tend to easily blend in with other automobile classes)
- (Car class seen as non threatening by authorities)

**Disadvantages:**
- (Gas mileage may be extremely poor)

**Mobile Homes & Recreational Vehicles**

**Advantages:**
- (Not limited to stay in one location)
- (Provides all the necessary facilities needed for self containment)
- (Built in energy source provided by generator)
- (Large fuel tanks allowing for traveling greater distances)
- (Tons of storage space)

**Disadvantages:**
- (Difficult to impossible maneuvering around crowded roads and off-road paths)
- (Extremely vulnerable to would be looters and gangs)

Overall, the need to consider more effective forms of transportation is being stressed among our experts above. It is hopeful you will take all that is mentioned above into serious consideration as you go out to find, select and purchase your next automobile. Stay diligent, vigilant and always be prepared.